

BASIC STUDENT SCHEDULE

(Actual schedule may vary from student to student and unit to unit)

Monday- Friday:

6:30 AM	Staff supervised wake-up, personal grooming & Performance of morning unit details
7:00 AM	Cafeteria Open 7:00 AM – 8:00 AM for morning meal. Youth supervised by staff to and from cafeteria and during breakfast.
8:00 AM	Staff supervised/facilitated – Guided Group Interaction
9:00 AM	Group & Individual Counseling via Enhanced Programming **
10:00 AM	Health Center Open – Staff supervised Sick Call Academic & Career/Technical Education
12:00 NOON	Cafeteria Open – 12:00 NOON – 1:00 PM Youth supervised to & from cafeteria and during mid-day meal hour Staff supervised Student Union – phone calling & recreation/leisure activities
1:00 PM	Academic & Career/Technical Education
3:00 PM	Health Center Open – staff supervised Sick Call Staff supervised Free Choice / Leisure activities, visitation, sports, games, practices, etc. & one-to-ones as per individual schedule
5:00 PM	Cafeteria Open 5:00 PM until 6:PM for evening meal Youth supervised by staff to and from cafeteria and during evening meal
6:00 PM	Staff supervised Academic & Career/Technical Education & one-to-ones as per individual schedule.
8:00 PM	Cafeteria Open – Youth supervised to and from cafeteria and during light evening meal/snacks
9:00 PM	Staff supervise youth return to unit Staff supervised & facilitated – Townhouse Meeting
9:30 PM	Staff supervised completion of evening details and personal grooming
10:30 PM	Staff supervised Bed time / Lights Out

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- **Monday - MRT® Escaping Your Prison**
- **Tuesday - Botvin LifeSkills®/Independent Living Skills**
- **Wednesday – Gun Violence Prevention/Drug and Alcohol Education**
- **Wednesday 6 PM - Health and Physical Education**
- **Thursday – Coping with Anger**
- **Friday – Parenting and Family Values**
- **On weekends each living unit, on a rotating basis, develops a special schedule of events/games**